

## OYSTERS

### RAW MERSEA ROCK

Served with Shallot & Ginger Mignonette  
Three / Six / Dozen. 7.25 / 14.50 / 28.80

### HOT MERSEA ROCK

Grilled with Smoked Tomato Butter

or

Grilled with Seaweed Butter and Sourdough  
Crumbs.

Three / Six / Dozen. 7.50 / 15.00 / 30.00

## SOUPS SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

SMOKED HADDOCK CHOWDER & ROAST PEPPERS.  
7.25

### HOUSE SMOKED SALMON

With Avocado & Radish Salad with  
Horseradish cream & Crispy Buckwheat.  
8.95

### WOOD GRILLED CHICKEN LIVERS

With Roasted Onions, Crispy Sage &  
sourdough toast. 7.25

### CHARCUTERIE PLATE

with Sourdough Toast and Housemade Pickles,  
ask your server for today's offering. 8.95

### BURRATA & BEETROOT SALAD

With hazelnuts & Capezzana Extra Virgin  
Oil. 6.95

## LAND

WOOD GRILLED LEMON & ROSEMARY ½ SUFFLOK  
POUSSIN, Hand-cut Fries, Butternut Squash  
Hummus, Red Onion, Pomegranate  
& Coriander Salad. 14.95

SUFFOLK BEEF (FROM KEVIN STANNARD)  
Hand-cut Skin on Fries, Tempura Onion rings,  
Roast Tomato & field Mushroom.

10oz Rib Eye Steak 23.95

10oz Skirt Steak 15.95

With choice of Fresh Horseradish Cream or  
Garlic Butter.

HALOUMI, PEPPER, COURGETTE  
& AUBERGINE SKEWERS  
Parmentier Potatoes & Romesco Sauce. 11.95

PUMPKIN, CHESTNUT & FARRO 'RISOTTO'  
With Grated Ticklemore, Crispy Sage & Winter  
Leaves. 11.95

## SNACKS TO SHARE

MARINATED MIXED OLIVES 2.95

SALTED MARCONA ALMONDS 2.95

SOURDOUGH TOAST WITH BLACK OLIVE

TAPENADE OR MUHAMMARA 3.10

ZUCCHINI FRITTI 4.25

THE MISTLEY  
**THORN**  
RESTAURANT & ROOMS

## SEA

BATTERED LOCAL HADDOCK FILLET  
Served with Homemade Tartare Sauce  
Minted Mushies &  
Hand-Cut Skin-on Fries. 13.50  
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS  
Wine, Garlic & Herbs.  
Or

Coconut, Lemongrass Ginger  
and Coriander.

7.95 / Main Size with Hand-cut  
Skin-on Fries. 13.95

### BRODETTO

Local Fish and Shellfish in a Tomato,  
Saffron & Fennel Broth. Served with Fregola  
and Garlic Crostini.  
14.95

### LINGUINE VONGOLE

With Clams, White Wine, Garlic &  
Parsley. 8.95/14.95

### CRISPY CALAMARI (GF)

With Preserved Lemon Mayo.  
8.95

As Main with Hand-cut Skin-on Fries.  
16.95

GRIGLIATA MISTA DI PESCE, a mix of local  
wood grilled seafood with crushed  
seaweed potatoes and salsa rossa. 15.95

## SIDES

LOCAL MIXED LEAVES.

HAND-CUT SKIN-ON FRIES.

BUTTERED NEW.

SEAWEED CRUSHED NEW  
POTATOES.

TODAY'S LOCAL VEGETABLES.

TEMPURA ONION RINGS.

All 3.10

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you