

OYSTERS

RAW MERSEA ROCK

Served with Shallot & Ginger Mignonette
Three/ Six/ Dozen. 7.25 / 14.50 / 28.80

HOT MERSEA ROCK

Grilled with Smoked Tomato Butter

or

Grilled with Seaweed Butter and Sourdough
Crumbs.

Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

SOUPS, SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON

With Avocado & Radish Salad, Horseradish
Cream & Crispy Buckwheat. 8.95

CHARCUTERIE PLATE

with Sourdough Toast & Housemade Pickles, ask
your server for today's offering. 9.50

TORN BURRATA

Heirloom Tomatoes, Baby Beetroot, Roasted
Red Onion & Basil Salad with
Rocket Pesto 6.95

DEEP FRIED SALT & PEPPER SQUID

Sriracha Mayonnaise & Wood-Grilled Lime. 8.95

LAND

WOOD-GRILLED CHICKEN BREAST,
Dauphinoise Potato, Savoy Cabbage,
& Tarragon Cream. 16.25

WOOD-GRILLED SUFFOLK BEEF (FROM KEVIN STANNARD)

Hand-cut Skin on Fries, Tempura Onion rings,
Roast Tomato & Field Mushroom.

10oz Rib Eye Steak. 23.95

10oz Skirt Steak. 15.95

With choice of Fresh Horseradish Cream or
Garlic Butter.

HALOUMI, PEPPER, COURGETTE & AUBERGINE SKEWERS

Parmentier Potatoes & Romesco Sauce. 11.95

RICOTTA GNOCCHI, Courgette Ribbons, Radish &
Peas with Rocket Resto. 5.95
Main Size 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES 2.95

SALTED MARCONA ALMONDS 2.95

SOURDOUGH TOAST WITH BLACK OLIVE

TAPENADE OR MUHAMMARA 3.50

ZUCCHINI FRITTI 4.25

THE MISTLEY THORN RESTAURANT & ROOMS

SEA

SHELLFISH BISQUE with Garlic Croutons. 7.45

BATTERED HADDOCK FILLET

Served with Homemade Tartare Sauce,
Minted Mushies &
Hand-Cut Skin-on Fries. 13.50
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS

Wine, Garlic & Herbs.

Or

Coconut, Lemongrass Ginger
and Coriander.

7.95 / Main Size with Hand-cut
Skin-on Fries. 13.95

BRODETTO

Local Fish & Shellfish in a Tomato, Saffron &
Fennel Broth. Served with Fregola &
Garlic Crostini. 14.95

HOT SHELLFISH BOWL - Mussels, King Prawns,
Razor Clams with Parsley, Garlic, Lemon & a
Hint of Chilli. 9.25

Main size with Handcut Skin on Fries. 16.95

GRIGLIATA MISTA DI PESCE, a mix of local
wood grilled seafood with crushed
seaweed potatoes and salsa rossa. 16.95

SIDES

LOCAL MIXED LEAVES.

HAND-CUT SKIN-ON FRIES.

BUTTERED NEW.

SEAWEED CRUSHED NEW
POTATOES.

TODAY'S LOCAL VEGETABLES.

TEMPURA ONION RINGS.

All 3.10

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you. Consumption of raw or undercooked Seafood, Poultry, Eggs or Meat may increase risk of food borne illness.