

OYSTERS

RAW MERSEA ROCK
Served with Shallot & Ginger Mignonette
Three/ Six/ Dozen.
7.25 / 14.50 / 28.80

Battered Mersea Rock Oysters
with Tartare Sauce (GF)
Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

SOUPS, SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON SALAD
With Apple, Frisee, Endive, Horseradish Cream
& Crispy Buckwheat. 7.95

TERRINE OF THE DAY
With Pickled Egg, House Made Chutney,
Pickled Cucumber & Sourdough Toast. 6.95

ROASTED BUTTERNUT SQUASH Salad
Chicory, Fresh Dates, Walnuts &
Binham Blue Cheese. 6.50

DEEP FRIED SALT & PEPPER SQUID
Sriracha Mayonnaise &
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

LAND

WOOD-GRILLED CHICKEN BREAST
Seasoned with Lovage Salt,
Dauphinoise Potato, Cavolo Nero,
Wild Mushroom & Tarragon Cream. 16.25

WOOD-GRILLED SUFFOLK BEEF
(FROM KEVIN STANNARD)
Hand-cut Skin on Fries, Tempura Onion rings,
Roast Tomato & Field Mushroom

10oz Rib Eye Steak. 23.95
10oz Skirt Steak. 15.95

With choice of Fresh Horseradish Cream
or Garlic Butter

SMOKED MOZZARELLA & PESTO LASAGNE, with
Red Onion & Tomato Salad - 12.95

RICOTTA GNOCCHI, Purple Sprouting Broccoli &
Roast Tomato, with Rocket Pesto & Grana
Padano 6.95
Main Size. 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95
SALTED MARCONA ALMONDS. 2.95
SOURDOUGH TOAST WITH BLACK OLIVE TAPENADE
OR MUHAMMARA. 3.50
ZUCCHINI FRITTI. 4.50
PADRON PEPPERS FROM THE WOOD GRILL 4.95

SEA

BATTERED HADDOCK FILLET
Served with Homemade Tartare Sauce,
Minted Mushies &
Hand-Cut Skin-on Fries. 13.50
(Now Gluten Free!)

WOOD GRILLED LOCAL MACKEREL FILLET,
Lardons, Spring Onions, New Potatoes and
Basil Pesto 13.50

GRIGLIATA MISTA DI PESCE, A Mix of Local
Wood Grilled Seafood with Seaweed Crushed
Potatoes & Salsa Rossa. 15.95

SIDES

LOCAL MIXED LEAVES
HAND-CUT SKIN-ON FRIES
BUTTERED NEW
SEAWEED CRUSHED NEW POTATOES
TODAY'S LOCAL VEGETABLES
TEMPURA ONION RINGS
All 3.25

THE MISTLEY THORN RESTAURANT & ROOMS

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you
Consumption of raw or undercooked Seafood, Poultry, Eggs or Meat may increase risk of food borne illness.