

OYSTERS

RAW MERSEA ROCK

Served with Shallot & Ginger Mignonette
Three/ Six/ Dozen.

7.25 / 14.50 / 28.80

BATTERED MERSEA ROCK

with Tartare Sauce (GF)

Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

SOUPS, SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON SALAD

With Avocado, Radish, Frisee
Horseradish Cream
& Crispy Buckwheat. 7.95

TERRINE OF THE DAY

With Pickled Egg, House Made Chutney,
Pickled Cucumber & Sourdough Toast. 6.95

TWICE BAKED CAULIFLOWER CHEESE SOUFFLÉ

Chicory, Apple, Hazelnuts
& Maple Dressing. 7.50

DEEP FRIED SALT & PEPPER SQUID

Sriracha Mayonnaise &
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

LAND

WOOD-GRILLED CHICKEN BREAST

Seasoned with Sage Salt,
Dauphinoise Potato, Cavolo Nero,
Wild Mushroom & Tarragon Cream. 16.25

WOOD-GRILLED SUFFOLK BEEF (From Kevin Stannard)

Hand-cut Skin on Fries, Tempura Onion rings,
Roast Tomato & Field Mushroom

10oz Rib Eye Steak. 23.95

10oz Skirt Steak. 15.95

With choice of Fresh Horseradish Cream
or Garlic Butter

SMOKED MOZZARELLA & PESTO LASAGNE,

with Red Onion & Tomato Salad - 12.95

RICOTTA GNOCCHI, Purple Sprouting Broccoli

& Roast Tomato, with Rocket Pesto & Grana
Padano 6.95 / Main Size. 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95

SALTED MARCONA ALMONDS. 2.95

SOURDOUGH TOAST WITH
BLACK OLIVE TAPENADE
OR MUHAMMARA. 3.50

ZUCCHINI FRITTI. 4.50

PADRON PEPPERS FROM THE WOOD GRILL 4.95

THE MISTLEY
THORN
RESTAURANT & ROOMS

SEA

BATTERED HADDOCK FILLET

Served with Homemade Tartare Sauce,
Minted Mushies &
Hand-Cut Skin-on Fries. 13.50
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS

Wine, Garlic & Herbs.

Or

Coconut, Lemongrass Ginger
and Coriander.

7.95 / Main Size with Hand-cut
Skin-on Fries. 13.95

HOT SHELLFISH BOWL

Mussels, King Prawns, Clams & Squid with
Parsley, Garlic, Lemon & a Hint of Chilli. 9.25
Main size with Handcut Skin on Fries. 16.95

GRIGLIATA MISTA DI PESCE,

A Mix of Local Wood Grilled Seafood
with Seaweed Crushed
Potatoes & Salsa Rossa. 15.95

SIDES

LOCAL MIXED LEAVES

HAND-CUT SKIN-ON FRIES

BUTTERED NEW

SEAWEED CRUSHED NEW
POTATOES

TODAY'S LOCAL VEGETABLES

TEMPURA ONION RINGS
All 3.25

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you
Consumption of raw or undercooked Seafood, Poultry, Eggs or Meat may increase risk of food borne illness.