

## OYSTERS

### RAW MERSEA ROCK

Served with Shallot & Ginger Mignonette  
Three/ Six/ Dozen.  
7.25 / 14.50 / 28.80

### Battered Mersea Rock Oysters with Tartare Sauce (GF)

Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

## SOUPS, SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

### HOUSE SMOKED SALMON SALAD

With Apple, Frisee, Endive, Horseradish  
Cream & Crispy Buckwheat. 7.95

### TERRINE OF THE DAY

With Pickled Egg, House Made Chutney,  
Pickled Cucumber & Sourdough Toast. 6.95

ROASTED BUTTERNUT SQUASH Salad  
Chicory, Fresh Dates, Walnuts &  
Binham Blue Cheese. 6.50

DEEP FRIED SALT & PEPPER SQUID  
Sriracha Mayonnaise &  
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

## LAND

WOOD-GRILLED CHICKEN BREAST  
Seasoned with Lovage Salt,  
Dauphinoise Potato, Cavolo Nero,  
Wild Mushroom & Tarragon Cream. 16.25

WOOD-GRILLED SUFFOLK BEEF  
(FROM KEVIN STANNARD)  
Hand-cut Skin on Fries, Tempura Onion rings,  
Roast Tomato & Field Mushroom

10oz Rib Eye Steak. 23.95  
10oz Skirt Steak. 15.95

With choice of Fresh Horseradish Cream or  
Garlic Butter

SMOKED MOZZARELLA & PESTO LASAGNE, with  
Red Onion & Tomato Salad - £12.95

RICOTTA GNOCCHI, Purple Sprouting Broccoli &  
Roast Tomato, with Rocket Pesto  
& Grana Padano 6.95  
Main Size. 11.95

## SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95  
SALTED MARCONA ALMONDS. 2.95  
SOURDOUGH TOAST WITH BLACK OLIVE  
TAPENADE OR MUHAMMARA. 3.50  
ZUCCHINI FRITTI. 4.50  
PADRON PEPPERS FROM THE WOOD GRILL 4.95

## SEA

STEAMED SCOTTISH MUSSELS  
Wine, Garlic & Herbs.  
Or  
Coconut, Lemongrass Ginger  
and Coriander.

7.95 / Main Size with Hand-cut  
Skin-on Fries. 13.95

HOT SHELLFISH BOWL - Mussels, King Prawns,  
Clams & Squid with Parsley, Garlic,  
Lemon & a Hint of Chilli 9.25  
Main size with Handcut Skin on Fries 16.95

GRIGLIATA MISTA DI PESCE, a mix of local  
wood grilled Seafood with crushed  
Seaweed Potatoes and Salsa Rossa. 16.95

## SIDES

LOCAL MIXED LEAVES.  
HAND-CUT SKIN-ON FRIES.  
BUTTERED NEW.  
SEAWEED CRUSHED NEW  
POTATOES.  
TODAY'S LOCAL VEGETABLES.  
TEMPURA ONION RINGS.  
All 3.25

# THE MISTLEY THORN RESTAURANT & ROOMS

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you  
Consumption of raw or undercooked seafood, poultry, eggs or meat may increase risk of food borne illness.