

OYSTERS

RAW MERSEA ROCK
Served with Shallot & Ginger Mignonette
Three/ Six/ Dozen.
7.25 / 14.50 / 28.80

Battered Mersea Rock Oysters
with Tartare Sauce (GF)
Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

SOUPS, SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON SALAD
With Avocado, Radish, Frisee
Horseradish Cream
& Crispy Buckwheat. 7.95

TERRINE OF THE DAY
With Pickled Egg, House Made Chutney,
Pickled Cucumber & Sourdough Toast. 6.95

TWICE BAKED CAULIFLOWER
CHEESE SOUFFLÉ
Chicory, Apple, Hazelnuts
& Maple Dressing. 7.50

DEEP FRIED SALT & PEPPER SQUID
Sriracha Mayonnaise &
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

LAND

WOOD-GRILLED CHICKEN BREAST
Seasoned with Lovage Salt,
Dauphinoise Potato, Cavolo Nero,
Wild Mushroom & Tarragon Cream. 16.25

WOOD-GRILLED SUFFOLK BEEF
(FROM KEVIN STANNARD)
Hand-cut Skin on Fries, Tempura Onion rings,
Roast Tomato & Field Mushroom

10oz Rib Eye Steak. 23.95
10oz Skirt Steak. 15.95

With choice of Fresh Horseradish Cream
or Garlic Butter

SMOKED MOZZARELLA & PESTO LASAGNE,
with Red Onion & Tomato Salad - £12.95

RICOTTA GNOCCHI, Purple Sprouting Broccoli
& Roast Tomato, with Rocket Pesto
& Grana Padano. 6.95
Main Size. 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95
SALTED MARCONA ALMONDS. 2.95
SOURDOUGH TOAST WITH BLACK OLIVE
TAPENADE OR MUHAMMARA. 3.50
ZUCCHINI FRITTI. 4.50
PADRON PEPPERS FROM
THE WOOD GRILL. 4.95

THE MISTLEY
THORN
RESTAURANT & ROOMS

SEA

STEAMED SCOTTISH MUSSELS
Wine, Garlic & Herbs.

Or
Coconut, Lemongrass Ginger
and Coriander.
7.95 / Main Size with Hand-cut
Skin-on Fries. 13.95

HOT SHELLFISH BOWL - Mussels,
King Prawns, Clams & Squid with Parsley, Garlic,
Lemon & a Hint of Chilli 9.25
Main size with Handcut Skin on Fries 16.95

GRIGLIATA MISTA DI PESCE, a mix of local
wood grilled Seafood with crushed
Seaweed Potatoes and Salsa Rossa. 16.95

SIDES

LOCAL MIXED LEAVES.
HAND-CUT SKIN-ON FRIES.

BUTTERED NEW.
SEAWEED CRUSHED

NEW POTATOES.

TODAY'S LOCAL VEGETABLES.
TEMPURA ONION RINGS.
All 3.25

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you
Consumption of raw or undercooked seafood, poultry, eggs or meat may increase risk of food borne illness.