

OYSTERS

RAW MERSEA ROCK

Served with Shallot & Ginger Mignonette
Three / Six / Dozen. 7.25 / 14.50 / 28.80

HOT MERSEA ROCK

Grilled with Smoked Tomato Butter,
or
Grilled with Seaweed Butter and Sourdough
Crumbs.
Three / Six / Dozen. 7.50 / 15.00 / 30.00

SOUPS SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON

With Avocado & Radish Salad with Horseradish
cream
& Crispy Buckwheat. 8.95

CHARCUTERIE PLATE

with Sourdough Toast and Housemade Pickles,
ask your server for today's offering. 9.50

TORN BURRATA

Heirloom Tomatoes, Baby Beetroot, Roasted
Red Onion & Basil Salad with Rocket
Pesto. 6.95

DEEP FRIED SALT & PEPPER SQUID

Sriracha Mayonnaise & Wood-Grilled Lime. 8.95

LAND

CHARGRILLED CHICKEN BREAST,
Dauphinoise Potato, Savoy Cabbage &
Tarragon Cream. 16.25

ROASTED SUFFOLK RUMP OF BEEF

(from Kevin Stannard)
Served with Yorkshire Pudding, Roasted
Rosemary Potatoes, Seasonal Vegetables,
Red Wine Gravy &
Fresh Creamed Horseradish. 14.95
Also available NUT ROAST with all the
trimmings. 11.95
SUNDAY GUEST MEAT.
(Please see set menu) 13.95

HALOUMI, PEPPER, COURGETTE & AUBERGINE SKEWERS

Parmentier Potatoes & Romesco Sauce. 11.95

RICOTTA GNOCCHI, Courgette Ribbons, Radish &
Peas with Rocket Resto. 5.95
Main Size 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES 2.95
SALTED MARCONA ALMONDS 2.95
SOURDOUGH TOAST WITH BLACK OLIVE
TAPENADE OR MUHAMMARA 3.50
ZUCCHINI FRITTI 4.25

THE MISTLEY
THORN
RESTAURANT & ROOMS

SEA

SHELLFISH BISQUE with Garlic Croutons. 7.45

BATTERED LOCAL HADDOCK FILLET
Served with Homemade Tartare Sauce
Minted Mushies &
Hand-Cut Skin-on Fries. 13.50
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS

Wine, Garlic & Herbs.
Or
Coconut, Lemongrass Ginger
and Coriander. 7.95
Main Size with
Hand-cut Skin-on Fries. 13.95

BRODETTO

Local Fish and Shellfish in a Tomato, Saffron
Fennel Broth. Served with Fregola and Garlic
Crostini.
14.95

HOT SHELLFISH BOWL - Mussels, King prawns,
Razor Clams & Samphire with Parsley,
Garlic, Memon & a hint of Chilli. 9.25
Main size with
Handcut Skin on Fries. 16.95

GRIGLIATA MISTA DI PESCE, a mix of local wood
grilled seafood with crushed seaweed potatoes
salsa rossa. 15.95

SIDES

LOCAL MIXED LEAVES.
HAND-CUT SKIN-ON FRIES.
BUTTERED NEW.
SEAWEED CRUSHED NEW POTATOES.
TODAY'S LOCAL VEGETABLES.
TEMPURA ONION RINGS.
All 3.10

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you
Consumption of raw or undercooked seafood, poultry, eggs or meat may increase risk of food borne illness.