

OYSTERS

RAW MERSEA ROCK
Served with Shallot & Ginger Mignonette
Three/ Six/ Dozen.
7.25 / 14.50 / 28.80

Battered Mersea Rock Oysters
with Tartare Sauce (GF)
Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

SOUPS SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON SALAD
With Apple, Frisee, Endive, Horseradish Cream
& Crispy Buckwheat. 7.95

TERRINE OF THE DAY
With Pickled Egg, House Made Chutney,
Pickled Cucumber & Sourdough Toast. 6.95

ROASTED BUTTERNUT SQUASH Salad
Chicory, Fresh Dates, Walnuts &
Binham Blue Cheese. 6.50

DEEP FRIED SALT & PEPPER SQUID
Sriracha Mayonnaise &
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

LAND

CHARGRILLED CHICKEN BREAST,
Dauphinoise Potato, Savoy Cabbage &
Tarragon Cream. 16.25

ROASTED SUFFOLK RUMP OF BEEF
(from Kevin Stannard)
Served with Yorkshire Pudding, Roasted
Rosemary Potatoes, Seasonal Vegetables,
Red Wine Gravy &
Fresh Creamed Horseradish. 14.95

Also available
NUT ROAST with all the trimmings. 11.95
SUNDAY GUEST MEAT. 13.95
(Please see set menu)

BUTTERNUT SQUASH CRUMBLE, Cavolo Nero with
Baby Onion & Chestnut Sauce. 11.95

RICOTTA GNOCCHI, Purple Sprout Broccoli &
Roast Tomato, Radish & Peas with Rocket
Pesto & Grana Padano 5.95
Main Size. 11.95

SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95
SALTED MARCONA ALMONDS. 2.95
SOURDOUGH TOAST WITH BLACK OLIVE TAPENADE
OR MUHAMMARA. 3.50
ZUCCHINI FRITTI. 4.50
PADRON PEPPERS FROM THE WOOD GRILL. 4.95

SEA

BATTERED LOCAL HADDOCK FILLET
Served with Homemade Tartare Sauce
Minted Mushies &
Hand-Cut Skin-on Fries. 13.50
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS
Wine, Garlic & Herbs.
Or
Coconut, Lemongrass Ginger
and Coriander. 7.95
Main Size with
Hand-cut Skin-on Fries. 13.95

HOT SHELLFISH BOWL - Mussels, King Prawns,
Clams & Squid with Parsley, Garlic,
Lemon & a Hint of Chilli 9.25
Main size with Handcut Skin on Fries 16.95

GRIGLIATA MISTA DI PESCE, a mix of local wood
grilled seafood with crushed seaweed potatoes
salsa rossa. 15.95

SIDES

LOCAL MIXED LEAVES.
HAND-CUT SKIN-ON FRIES.
BUTTERED NEW.
SEAWEED CRUSHED NEW POTATOES.
TODAY'S LOCAL VEGETABLES.
TEMPURA ONION RINGS.
All 3.25

THE MISTLEY
THORN
RESTAURANT & ROOMS

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more. Ask any member of staff and they will be happy to discuss any information about food allergens with you
Consumption of raw or undercooked seafood, poultry, eggs or meat may increase risk of food borne illness.