

## OYSTERS

RAW MERSEA ROCK  
Served with Shallot & Ginger Mignonette

Three/ Six/ Dozen. 7.25 / 14.50 / 28.80

Battered Mersea Rock Oysters  
with Tartare Sauce (GF)

Three/ Six/ Dozen. 7.50 / 15.00 / 30.00

## SOUPS SMALL PLATES & SALADS

TODAY'S SOUP. 5.75

HOUSE SMOKED SALMON SALAD  
With Avocado, Radish, Frisee  
Horseradish Cream  
& Crispy Buckwheat. 7.95

TERRINE OF THE DAY  
With Pickled Egg, House Made Chutney,  
Pickled Cucumber & Sourdough Toast. 6.95

TWICE BAKED CAULIFLOWER  
CHEESE SOUFFLÉ  
Chicory, Apple, Hazelnuts  
& Maple Dressing. 7.50

DEEP FRIED SALT & PEPPER SQUID  
Sriracha Mayonnaise &  
Wood-Grilled Lime. 8.25

SMOKED HADDOCK CHOWDER. 6.95

## LAND

CHARGRILLED CHICKEN BREAST,  
Dauphinoise Potato, Savoy Cabbage &  
Tarragon Cream. 16.25

ROASTED SUFFOLK RUMP OF BEEF  
(from Kevin Stannard)  
Served with Yorkshire Pudding, Roasted  
Rosemary Potatoes, Seasonal Vegetables,  
Red Wine Gravy &  
Fresh Creamed Horseradish. 14.95

Also available

NUT ROAST with all the trimmings. 11.95  
SUNDAY GUEST MEAT. 13.95  
(Please see set menu)

SMOKED MOZZARELLA & PESTO LASAGNE,  
with Red Onion & Tomato Salad - £12.95

RICOTTA GNOCCHI,  
Purple Sprout Broccoli & Roast Tomato, Radish  
& Peas with Rocket Pesto  
& Grana Padano 5.95 / Main Size. 11.95

## SNACKS TO SHARE

MARINATED MIXED OLIVES. 2.95

SALTED MARCONA ALMONDS. 2.95

SOURDOUGH TOAST WITH BLACK OLIVE  
TAPENADE OR MUHAMMARA. 3.50

ZUCCHINI FRITTI. 4.50

PADRON PEPPERS FROM  
THE WOOD GRILL. 4.95

## SEA

BATTERED LOCAL HADDOCK FILLET  
Served with Homemade Tartare Sauce  
Minted Mushies &  
Hand-Cut Skin-on Fries. 13.50  
(Now Gluten Free!)

STEAMED SCOTTISH MUSSELS  
Wine, Garlic & Herbs.

Or

Coconut, Lemongrass Ginger  
and Coriander. 7.95

Main Size with  
Hand-cut Skin-on Fries. 13.95

HOT SHELLFISH BOWL  
Mussels, King Prawns,  
Clams & Squid with Parsley, Garlic,  
Lemon & a Hint of Chilli 9.25  
Main size with Handcut Skin on Fries 16.95

GRIGLIATA MISTA DI PESCE,  
a mix of local wood grilled Seafood  
with crushed Seaweed Potatoes  
& Salsa Rossa. 15.95

## SIDES

LOCAL MIXED LEAVES.

HAND-CUT SKIN-ON FRIES.  
BUTTERED NEW.

SEAWEED CRUSHED NEW  
POTATOES.

TODAY'S LOCAL VEGETABLES.  
TEMPURA ONION RINGS.

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more.  
Ask any member of staff and they will be happy to discuss any information about food allergens with you  
Consumption of raw or undercooked seafood, poultry, eggs or meat may increase risk of food borne illness.